



Reverse Advent Calendar

Christmas Appeal

Knowsley Foodbank
Warehouse Opening Times
Monday to Friday 09.30-16.30

Warehouse Address

Link Road Depot,
Link Road,
Huyton,
L36 6AP.

Tele No: 0151 482 6089

Christmas can be a difficult time for many, especially those living on a tight budget. Many people find themselves in food crisis due to seasonal pressures and increases in bills.

Can you help someone this year?

To support our Reverse Advent Calendar campaign, we are asking for donations over a 25 day period of the items listed below. Pop the items in a box or bag and drop them off to our warehouse by **29th November**. Your donation will help and support people in food crisis over the Christmas period, thank you.

1. Custard
2. Chocolate Biscuits
3. Sugar
4. Tinned Fruit
5. UHT Milk
6. Squash/Fruit Juice
7. Cereal
8. Pasta Sauce
9. Tinned Soup
10. Rice
11. Tinned Meat
12. Tinned Potatoes
13. Rice Pudding
14. Mashed Potatoes
15. Tinned Tomatoes
16. Hot Chocolate
17. Your Choice
18. Coffee
19. Festive Biscuits
20. Tinned Fruit
21. Squash/Fruit Juice
22. Tinned Meat
23. Tinned Fish
24. Sugar
25. An item of your choice or a cash donation.

No mince pies please!
No alcohol

Thank you!

The Big Help Project Charity Number: 1141024



www.bighelpproject.com